

Wild Yam

Hormonal Balancing Cream & Roll-On Set

**Made with Certified Organic Ingredients*

Hormonal Imbalance Symptoms for Women & Men

Imbalance Symptoms for Women:

Heavy & Very Painful Periods
Irregular or Absent Periods
Fibroids or Polyps in Uterus
Cysts on Ovaries ~ Cervical Cancers
Lumps in Breasts ~ Loss of Muscle Mass
Fibrous Tissue in the Breasts
Breast Cancer ~ Uterus Cancer
Depression ~ Thyroid Problems
Heart Disease ~ Night Sweats ~ Hot Flashes
Infertility ~ Mood Swings ~ Irritability
Bloating ~ Weight Gain or Loss
Thinning/Loss of Hair ~ Insomnia
Unusual Hair Growth ~ Low Sex Drive
Skin Issues Fatigue or Loss of Energy
Persistent Acne ~ Digestive Issues

Imbalance Symptoms for Men:

Low Sperm Count
Penile Dysfunction
Inconsistent Erections
Prostate Problems
Hair Loss ~ Loss of Muscle Mass
Memory Loss ~ Loss of Sex Drive
Enlarged Breast Tissue
Adrenal Fatigue ~ Heart Disease
Hypo or Hyper Thyroidism
Unexplained Weight Loss
Excessive Sweating ~ Depression
Brittle or Weak Bones
Increased Thirst ~ Irritability
Anxiety ~ Frequent Urination

Wild Yam contains a plant chemical called diosgenin. When the diosgenin in the cream is applied to your skin, the fat cells take it up and it stimulates the pathway your body uses to make progesterone (allowing your body to make its own progesterone). It works WITH your body!

Source: Barbara O'Neill

WOMEN: Apply a pea size amount in a circular motion twice a day (am & pm) to neck, chest, inside of wrist or stomach rotating to areas each time you apply. Use for 3 weeks and take the week off during menstruation (take 1 week off if you are no longer menstruating)

MEN: Apply a pea size the morning daily, without taking a break.

Do NOT use if pregnant or nursing or if you have seizure disorders. Consult your health care provider prior to use.